

Melbourne Centre for Bariatric Surgery

Dr Anthony Clough MBBS FRACS GradCert

Photo of Dr Clough

We have moved

New address

Suite 13.6, Level 13

East Wing Tower

Epworth Eastern Hospital

1 Arnold Street, Box Hill 3128

Contact Information

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Website www.anthonyclough.com.au

Consulting locations

Box Hill

Collins Street, CBD

Bendigo

Latrobe Valley (Moe)

Operating locations

Epworth Eastern Hospital

Epworth Richmond Hospital

Box Hill Hospital (public)

Weight Loss Procedures

Sleeve Gastrectomy, Gastric Bypass,
Lap Band, Orbera Balloon

Loop Duodenal Switch (SADI-S/SIPS)

Revisional Surgery for weight loss or
complications

Robotic surgery

Overstitch endoscopic reduction

Body Contouring Procedures (for
weight loss patients)

- Abdominoplasty, Brachio-
plasty

General Surgery—Gallbladder, Her-
nia and many others.



Scan QR for more infor-
mation on Dr Clough

REFERENCE

Indications for Bariatric Surgery (MCBS policy)

Most patients with BMI > 35 will be considered for bariatric surgery

BMI 30—35 : selected cases. Do the pros outweigh the cons/risks??

Metabolic comorbidities increase the case for surgery. The following respond particularly well:

- Diabetes
- Hypertension
- Obstructive sleep apnoea
- Pain/immobility from hip/knee disease

No **uncontrolled** psychiatric or substance addiction

Tried conservative methods

Bariatric Surgery Follow Up

Nutrition—many patients may prefer to follow-up locally with their GP

Our standard annual nutritional screen includes:

- Basic bloods
- Fe studies, B12, B1, B6, folate, Vit D, Ca, PTH, Mg, Zn, Vit A

Patients with bypass or duodenal switch surgery may occasionally need parenteral administration of Vit D, B12, Fe from time to time.

Note some patients on bariatric-strength multivitamins can suffer **vitamin B6 overload** and, rarely, toxicity

Send these patients back to surgeon:

1. Excessive food intolerance, vomiting
2. Severe reflux
3. Ongoing abdominal pains
4. Hypoglycaemic episodes

Email me questions:

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